

breakfast

smoothies

strawberry jewel	16
<i>organic coconut yoghurt strawberry, madagascan vanilla</i>	
fitness & protein	18
<i>omega seed butter, raw almond milk wild blueberry, hemp chia, dates</i>	

pancakes & french toast

french toast	26
<i>strawberries, maple syrup</i>	
buttermilk pancakes	24
<i>mixed berries, banana maple syrup</i>	
almond pancakes	22
<i>house-made almond butter gluten free pankackes whipped banana cream</i>	

house baked breads & muffin

toast	7
<i>white, 7 grain, sourdough, rye english muffin</i>	
vegan blueberry matcha muffin	7

energising & fresh

market fruit plate	25
vanilla chia bowl	18
<i>dates, cacao, brazil nut hemp seed, berries</i>	
coconut yoghurt bowl	15
<i>stone fruit compote pistachio granola, thai basil</i>	
wild blueberry bowl	22
<i>jungle peanut butter fresh & dried fruit</i>	
steel cut irish oatmeal	13
<i>banana, cinnamon, raisin</i>	
avocado toast	21
<i>sunflower seed, lime, chili flakes</i>	
add poached eggs	8
add smoked salmon	12

viennoiserie by cedric grolet

croissant	6
pain au chocolat	7
pain suisse	11
seasonal viennoiserie basket	26

cacklebean farm eggs

eggs in any style	16
<i>crispy potatoes, cherry tomato choice of toast</i>	
whole egg	
or egg white omelette	24
<i>choice of smoked salmon, tomato spinach, onions, peppers, mushroom cheddar cheese, mozzarella or goat cheese, choice of toast</i>	
softly scrambled eggs	24
<i>aged cheddar cheese, broccoli dill, choice of toast</i>	
dosa	22
<i>egg, sambal, cheddar cheese dill, mint</i>	
egg sandwich	24
<i>brioche bun, bacon, cheddar cheese</i>	

eggs benedict

suffolk ham, english muffin	26
florentine sautéed spinach	26
royale smoked salmon	34

english breakfast

full english breakfast	32
<i>grilled mushroom, baked beans crispy potatoes, cherry tomato bacon, sausage, black pudding choice of toast freshly squeezed orange juice coffee or tea</i>	
sides	8
<i>free range chicken sausage pork & herb sausage smoked bacon baked beans roasted mushrooms ham cherry tomato smokin' brothers smoked salmon</i>	

drinks

juices

green juice 15
*ginger, spinach, granny smith apple
cucumber, lemon, curly kale*

ruby red 15
carrot, beet, lemon, ginger, orange

turmeric tonic 14
lime, lemon, honey

orange juice 11

grapefruit juice 11

apple 11

others available upon request

coffee

responsibly sourced, carbon negative
organic coffee roasted in london
by kiss the hippo

americano
cappuccino
flat white
latte
mocha
chai latte
matcha latte
cortado
single espresso
double espresso
8

tea

ethically sourced teas & herbals
hand crafted in bristol by canton

english breakfast
earl grey
jade tips green
moroccan mint
jasmine silver needle
botanical calm
matcha tea
8

due to the presence of allergens in our kitchen, we unfortunately cannot guarantee any menu item will be completely free from a particular allergen. all prices are inclusive of vat at the current rate. a discretionary service charge of 15% will be added to your bill.