

breakfast

smoothies

matcha smoothie 18
*spinach, avocado, pineapple
 matcha, banana, vanilla, honey*

fitness & protein 18
*omega seed butter, raw almond milk
 wild blueberry, hemp chia, dates*

pancakes & french toast

french toast 26
*vanilla roasted black figs
 maple syrup*

buttermilk pancakes 24
*mixed berries, banana
 maple syrup*

almond pancakes 22
*house-made almond butter
 gluten free pankackes
 whipped banana cream*

house baked breads & muffin

toast 7
*white, 7 grain, sourdough, rye
 english muffin*

vegan blueberry matcha muffin 7

energising & fresh

market fruit plate 25

vanilla chia bowl 18
*dates, cacao, brazil nut
 hemp seed, berries*

coconut yoghurt bowl 15
*amaranth granola
 fig and grape compote, thai basil*

wild blueberry bowl 22
*jungle peanut butter
 fresh & dried fruit*

steel cut irish oatmeal 13
banana, cinnamon, raisin

avocado toast 21
sunflower seed, lime, chili flakes
add poached eggs 8
add smoked salmon 12

viennoiserie

croissant 6
pain au chocolat 7
fruit danish 8

seasonal viennoiserie basket 26

cacklebean farm eggs

eggs in any style 16
*crispy potatoes, cherry tomato
 choice of toast*

whole egg
or egg white omelette 24
*choice of smoked salmon, tomato
 spinach, onions, peppers, mushroom
 cheddar cheese, mozzarella or
 goat cheese, choice of toast*

softly scrambled eggs 24
*aged cheddar cheese, broccoli
 dill, choice of toast*

dosa 22
*egg, sambal, cheddar cheese
 dill, mint*

egg sandwich 24
brioche bun, bacon, cheddar cheese

eggs benedict
suffolk ham, english muffin 26
florentine sautéed spinach 26
royale smoked salmon 34

english breakfast

full english breakfast 32
*grilled mushroom, baked beans
 crispy potatoes, cherry tomato
 bacon, sausage, black pudding
 choice of toast
 freshly squeezed orange juice
 coffee or tea*

sides

free range chicken sausage
pork & herb sausage
smoked bacon
baked beans
roasted mushrooms
ham
cherry tomato
smokin' brothers smoked salmon 14

drinks

juices

green juice 15
*ginger, spinach, granny smith apple
cucumber, lemon, curly kale*

ruby red 15
carrot, beet, lemon, ginger, orange

turmeric tonic 14
lime, lemon, honey

orange juice 11

grapefruit juice 11

apple 11

others available upon request

coffee

responsibly sourced, carbon negative
organic coffee roasted in london
by kiss the hippo

americano

cappuccino

flat white

latte

mocha

chai latte

matcha latte

cortado

single espresso

double espresso

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tea

ethically sourced teas & herbals
hand crafted in bristol by canton

english breakfast

earl grey

jade tips green

moroccan mint

jasmine silver needle

botanical calm

matcha tea

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due to the presence of allergens in our kitchen, we unfortunately cannot guarantee any menu item will be completely free from a particular allergen. all prices are inclusive of vat at the current rate. a discretionary service charge of 15% will be added to your bill.